

# SETTING GOALS

## The Process of Spiritual Transformation

NAME & SURNAME:

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ACCOUNTABILITY PARTNER:

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DATE & TIME:

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1. TODAY/THIS WEEK'S CHALLENGE:

2. WRITE DOWN YOUR VISION FOR THE NEXT 3 TO 5 YEARS:

3. WHAT SCRIPTURES WILL YOU DECLARE TO REMIND YOURSELF DAILY OF GOD'S PROMISES FOR YOUR LIFE?

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2.		
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9.		
10.		



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5. WHAT WILL BE YOUR MAIN CHARACTER TRAITS FOR THE DAY OR WEEK AHEAD?

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6. WHAT IS YOUR BIGGEST INNER BATTLE OR WHAT CHALLENGE ARE YOU FACING NOW THAT YOU ARE WORRIED ABOUT?

7. WHAT DOES GOD'S WORD SAY ABOUT YOUR SITUATION OR INNER BATTLE?

8. WHO DID YOU COMMIT TO PRAY FOR AND WHAT SCRIPTURE CAN YOU DECLARE OVER THEM?

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7.		



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8. WHAT ARE YOUR KEY FOCUS AREAS AND HOW WILL YOU APPLY DISCIPLINE AND SELF-CONTROL TO THESE SPECIFIC AREAS TO HELP YOU REACH YOUR GOALS?

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9. WORSHIP IS AN EXPRESSION OF LOVE THAT IS HOLY AND PLEASING UNTO GOD. HOW WILL YOU EXPRESS YOUR LOVE TODAY OR DURING THIS WEEK?

10. WHAT DO YOU HAVE AVAILABLE OR IN YOUR POSSESSION THAT YOU CAN GIVE AWAY TO SOMEONE IN NEED?

11. WHERE HAVE YOU FAILED/FALLEN OR WHAT HAS THE HOLY SPIRIT CONVICTED YOU OF DOING THAT IS NOT CHRIST-LIKE?



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12. TAKE A MOMENT TO REPENT AND WRITE DOWN WHAT CORRECTIVE ACTION YOU WILL TAKE TO TURN AWAY FROM SIN.

8. WHO DO YOU NEED TO FORGIVE AND IF IT IS HARD TO DO IT, WHAT SCRIPTURE CAN HELP YOU TO LET GO OF THE OFFENCE OR HURT THAT THEY HAVE CAUSED YOU?

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2.		
3.		
4.		
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6.		
7.		

THEREFORE I DO NOT RUN WITHOUT A DEFINITE GOAL;  
I DO NOT FLAIL AROUND LIKE ONE BEATING THE AIR [JUST SHADOW BOXING].  
**1 CORINTHIANS 9:26 AMP**